

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: BRC - Cold Breakfast

Date : 12/01/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
963	CRISPIX	80.0	1.0	18.0					5.4	5.0		0.4	0.4	60.0	3.6		150.0		
8608	Strawberry Waffle Cracker	120.0	2.0	21.0	4.0	1.5			0.7								115.0	1.0	
552	Apple Cranberry Juice	67.0	0.1	16.7	0.1			10.8	0.3	0.1	11.1		0.1		21.5	63.0	1.3		
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liner																		
Totals		414.4	11.2	79.3	6.5	3.0	8.5	299.4	6.9	5.4	264.9	0.8	0.6	204.7	27.0	477.9	410.9	2.1	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: BRC - Cold Breakfast

Date : 12/ 02/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms
83049	BLUEBERRY MUFFIN	389.0	5.1	61.1	14.5	2.1	25.2	49.3	2.0	2.6	67.4	0.2	0.3	197.3		87.5	263.8	1.3
538	Orange Juice	65.5	0.3	16.8	0.1			10.5	0.5	0.3	15.8	0.1		28.1	41.5	156.0		0.2
880	Assorted Jelly (2)	35.0		9.0														
863B	Margarine	30.0			2.5	0.5								40.0				
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1
8961	Utensil Pack																	
807	Tray Liner																	
Totals		666.9	13.5	110.5	19.5	4.1	33.7	348.4	3.0	3.2	337.0	0.7	0.4	410.1	43.4	658.4	408.4	2.6
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
RDA																		

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: BRC - Cold Breakfast

Date : 12/05/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
8394	FROSTED FLAKES (REDUCED S	100.0	2.0	24.0					8.1	7.0		0.6	0.5	150.0	21.0		160.0	2.0	
6985	Apple Granola Square	190.0	2.0	34.0	5.0	1.5			1.1								190.0	1.0	
542	Blended Fruit Juice	58.0	0.2	14.3				12.0	0.3	0.2	9.5		0.1	0.2	28.5	151.0	1.0		
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liner																		
Totals		495.4	12.3	95.9	7.4	3.0	8.5	300.6	10.0	7.5	263.3	1.0	0.7	294.9	51.4	565.9	495.6	4.1	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Daily Nutrient Values

Preferred Meal Systems

Customer: CCSD391206

Meal Type: BRC - Cold Breakfast

Date : 12/ 06/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms
930	RICE KRISPIES	70.0	1.0	16.0					2.7	2.0		0.3	0.2	40.0	2.4		120.0	
8570	Brown Sugar Pop Tart (Fr	210.0	2.5	34.0	7.0	2.3		100.0	1.8	2.0		0.2	0.2	100.0			175.0	0.5
552	Apple Cranberry Juice	67.0	0.1	16.7	0.1			10.8	0.3	0.1	11.1		0.1		21.5	63.0	1.3	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1
8961	Utensil Pack																	
807	Tray Liner																	
Totals		494.4	11.7	90.3	9.5	3.8	8.5	399.4	5.3	4.4	264.9	0.9	0.6	284.7	25.8	477.9	440.9	1.6
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
RDA																		

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: BRC - Cold Breakfast

Date : 12/ 07/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms
83047	APPLE MUFFIN	353.0	4.9	54.8	13.6	2.0	22.2	65.4	2.0	2.5	89.8	0.2	0.3	183.9	2.7	96.0	293.5	1.5
539	Grape Juice	67.0	0.3	16.8				10.7	0.5	0.2	11.0		0.5	0.4	20.4	85.5	0.7	
880	Assorted Jelly	35.0		9.0														
863B	Margarine	30.0			2.5	0.5								40.0				
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1
8961	Utensil Pack																	
807	Tray Liner																	
Totals		632.4	13.3	104.2	18.5	4.0	30.7	364.7	3.0	3.0	354.6	0.6	0.9	369.0	25.0	596.4	438.8	2.6
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
RDA																		

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Daily Nutrient Values

Preferred Meal Systems

Customer: CCSD391206

Meal Type: BRC - Cold Breakfast

Date : 12/ 08/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
8163	MINI WHEATS LITTLE BITE	100.0	3.0	23.0	1.0				8.1	2.0	80.0	0.2	0.2				105.0	3.0	
8875	Plain Donut	240.0	3.0	24.0	15.0	4.0	4.0	60.0									280.0		
544	Orange Pineapple Juice	59.0	0.3	15.0	0.1			11.3	0.1	0.3	15.5	0.1	0.1	28.1	35.0	192.5	0.8	0.2	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liner																		
Totals		546.4	14.4	85.6	18.5	5.5	12.5	359.9	8.7	2.6	349.3	0.7	0.4	172.8	36.9	607.4	530.4	4.3	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

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Daily Nutrient Values

Preferred Meal Systems

Customer: CCSD391206

Meal Type: BRC - Cold Breakfast

Date : 12/ 09/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms
946	CORN POPS	80.0	1.0	19.0					1.1					60.0	3.6		80.0	
7945	Cinnamon Raisin Bagel	190.0	6.0	38.0	1.0			40.0	2.7						1.2		270.0	1.0
553	Apple Juice	57.0	0.1	14.5				11.3	0.3	0.1	11.2	0.1	0.5		20.5	125.0	1.3	0.1
880	Assorted Jelly (2)	35.0		9.0														
863B	Margarine (2)	30.0			2.5	0.5								40.0				
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1
8961	Utensil Pack																	
807	Tray Liner																	
Totals		539.4	15.2	104.1	5.9	2.0	8.5	339.9	4.6	0.4	265.0	0.5	0.6	244.7	27.2	539.9	495.9	2.2
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																		

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: BRC - Cold Breakfast

Date : 12/ 12/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
8163	MINI WHEATS LITTLE BITE	100.0	3.0	23.0	1.0				8.1	2.0	80.0	0.2	0.2				105.0	3.0	
6985	Apple Granola Square	190.0	2.0	34.0	5.0	1.5			1.1								190.0	1.0	
539	Grape Juice	67.0	0.3	16.8				10.7	0.5	0.2	11.0		0.5	0.4	20.4	85.5	0.7		
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liner																		
Totals		504.4	13.4	97.4	8.4	3.0	8.5	299.3	10.2	2.5	344.8	0.6	0.8	145.1	22.3	500.4	440.3	5.1	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

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Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: BRC - Cold Breakfast

Date : 12/ 13/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
946	CORN POPS	80.0	1.0	19.0					1.1					60.0	3.6		80.0		
8836	Glazed Donut	280.0	2.0	25.0	19.0	5.0		150.0	1.1								140.0		
544	Orange Pineapple Juice	59.0	0.3	15.0	0.1			11.3	0.1	0.3	15.5	0.1	0.1	28.1	35.0	192.5	0.8	0.2	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liner																		
Totals		566.4	11.4	82.6	21.5	6.5	8.5	449.9	2.8	0.6	269.3	0.5	0.2	232.8	40.5	607.4	365.4	1.3	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

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Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: BRC - Cold Breakfast

Date : 12/ 14/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms
83045	BANANA MUFFIN	386.8	5.4	59.7	14.5	2.1	25.3	59.2	2.1	2.8	85.0	0.2	0.3	198.6		94.2	308.0	1.2
553	Apple Juice	57.0	0.1	14.5				11.3	0.3	0.1	11.2	0.1	0.5		20.5	125.0	1.3	0.1
880	Assorted Jelly	35.0		9.0														
863B	Margarine	30.0			2.5	0.5								40.0				
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1
8961	Utensil Pack																	
807	Tray Liner																	
Totals		656.2	13.6	106.8	19.4	4.1	33.8	359.1	2.9	3.2	350.0	0.7	0.9	383.3	22.4	634.1	453.9	2.4
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
RDA																		

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Preferred Meal Systems

Customer: CCSD391206

Daily Nutrient Values

Meal Type: BRC - Cold Breakfast

Date : 12/ 15/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms
8392	FROOT LOOPS (LOW SUGAR)	70.0	1.0	16.0	0.5				14.9						15.0		105.0	
853	Graham Crackers	90.0	1.0	16.0	3.0	0.5		100.0	0.7					100.0			100.0	1.0
542	Blended Fruit Juice	58.0	0.2	14.3				12.0	0.3	0.2	9.5		0.1	0.2	28.5	151.0	1.0	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1
8961	Utensil Pack																	
807	Tray Liner																	
Totals		365.4	10.3	69.9	5.9	2.0	8.5	400.6	16.4	0.5	263.3	0.4	0.2	244.9	45.4	565.9	350.6	2.1
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
RDA																		

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Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: BRC - Cold Breakfast

Date : 12/ 16/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms
963	CRISPIX	80.0	1.0	18.0					5.4	5.0		0.4	0.4	60.0	3.6		150.0	
83064	Rockin' Raisin Muffin	309.9	3.9	50.7	12.6	1.8	23.8	77.3	2.0	1.3	77.7	0.1	0.1	172.3	0.3	180.1	244.4	4.0
552	Apple Cranberry Juice	67.0	0.1	16.7	0.1			10.8	0.3	0.1	11.1		0.1		21.5	63.0	1.3	
880	Assorted Jelly (2)	35.0		9.0														
863B	Margarine	30.0			2.5	0.5								40.0				
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1
8961	Utensil Pack																	
807	Tray Liner																	
Totals		669.3	13.1	118.0	17.6	3.8	32.3	376.7	8.2	6.7	342.6	0.9	0.7	417.0	27.3	658.0	540.3	5.1
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RDA																		

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Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: BRC - Cold Breakfast

Date : 12/ 19/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
911	COCOA KRISPIES	130.0	1.0	28.0	1.0	0.5		40.0	4.5					100.0	15.0		200.0	1.0	
6986	Cinnamon Breakfast Square	190.0	2.0	35.0	5.0	1.5			1.1								190.0	1.0	
542	Blended Fruit Juice	58.0	0.2	14.3				12.0	0.3	0.2	9.5		0.1	0.2	28.5	151.0	1.0		
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liner																		
Totals		525.4	11.3	100.9	8.4	3.5	8.5	340.6	6.4	0.5	263.3	0.4	0.2	244.9	45.4	565.9	535.6	3.1	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: BRC - Cold Breakfast

Date : 12/ 20/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
958	FROSTED MINI WHEATS (WHOL	100.0	3.0	23.0					7.2										3.0
83048	Blueberry Muffin	212.6	2.8	33.4	7.9	1.2	13.8	27.0	1.1	1.4	36.8	0.1	0.2	107.8		47.8	144.2	0.7	
539	Grape Juice	67.0	0.3	16.8				10.7	0.5	0.2	11.0		0.5	0.4	20.4	85.5	0.7		
880	Assorted Jelly	35.0		9.0															
863B	Margarine	30.0			2.5	0.5								40.0					
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liner																		
Totals		592.0	14.2	105.8	12.8	3.2	22.3	326.3	9.3	1.9	301.6	0.5	0.8	292.9	22.3	548.2	289.5	4.8	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LJE - 7-12 Numenu

Date : 12/ 01/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
12369	HOT DOG FRENCH FRIES	242.8	7.5	18.9	15.6	3.6	30.0	20.0	0.7	1.3			0.1		6.4	216.3	509.9		
7524	Fresh Pear^	96.0	0.6	25.7	0.2			15.0	0.3	0.3	18.0			2.0	7.0	198.0	2.0	5.1	
@HOT	Hot Dog Bun	127.0	4.3	22.4	2.0	0.5		63.0	1.5	1.9	28.0	0.1	0.2			43.0	217.0	1.0	
861A	Catsup (2)	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0	78.0		
860A	Mustard	3.0	0.2	0.2	0.2			3.0	0.1		5.0				0.1	6.0	51.0	0.1	
4581	Cheddar Goldfish Crackers	140.0	4.0	20.0	5.0	1.0	5.0	40.0	0.7								250.0	1.0	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray liners																		
Totals		763.2	24.8	112.6	25.4	6.6	43.5	430.6	3.8	3.9	306.8	0.5	0.4	149.7	16.5	905.2	1252.5	8.3	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Daily Nutrient Values

Preferred Meal Systems

Customer: CCSD391206

Meal Type: LJE - 7-12 Numenu

Date : 12/ 02/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
17069	WHOLE WHEAT CHEESE PIZZA	352.9	20.1	42.5	12.4	4.9	23.0	348.7	2.2	0.5	222.8	0.2	0.1	183.0	3.2	40.4	637.3	3.7	
7625	Mixed Greens Salad	6.0	0.4	1.2	0.1			8.0	0.3	0.2	12.0			87.0	8.3	73.0	6.0	0.4	
964	Ranch Dressing	50.0		1.0	5.0	1.0	5.0										120.0		
803101	Fruited Gelatin	87.3	10.1	13.7				4.9	0.1	0.1	2.1			4.8	1.1	58.2	46.2	0.3	
904a	Mini Pretzels	160.0	4.0	35.0					1.6								720.0	1.0	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liners																		
5554A	Salad Bowl																		
Totals		803.6	42.7	117.0	19.9	7.4	36.5	650.2	4.7	1.1	490.7	0.6	0.2	419.5	14.5	586.5	1674.1	6.5	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LJE - 7-12 Numenu

Date : 12/ 05/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
171	TACO MEAT	210.3	15.4	10.6	11.5	4.1	45.2	46.5	2.0	1.4	96.2	0.1	0.1	241.5	2.8	484.5	618.4	0.7	
409	Refried Beans	90.2	6.0	16.0	2.0	0.5		40.1	1.8								491.1	4.0	
539	Grape Juice	67.0	0.3	16.8				10.7	0.5	0.2	11.0		0.5	0.4	20.4	85.5	0.7		
874	Taco Sauce	5.0		1.0										20.0			55.0		
8267	Tortilla Rounds (Whole Gr	140.0	2.0	18.0	8.0	1.0		20.0	0.4	0.4	40.0						110.0	1.0	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray liners																		
Totals		659.9	31.8	86.0	23.9	7.1	53.7	405.9	5.2	2.3	401.0	0.5	0.7	406.6	25.1	984.9	1419.8	6.8	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LJE - 7-12 Numenu

Date : 12/06/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
1672	POPCORN CHICKEN W/POTAT	370.0	15.8	31.1	17.4	5.2	27.0	17.0	2.3	2.0				34.8		253.7	720.6	1.8	
803252	Mixed Fruit Cup	64.5	2.2	15.6				7.9	0.3	0.4	8.2			7.8	4.2	100.6	4.4	1.2	
808	BBQ Sauce (2)	18.9		4.6					0.2					16.8			96.6		
861a	Catsup (2)	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0	78.0		
8720	Honey Wheat Pretzels	160.0	4.0	34.0	1.0				2.0								720.0	2.0	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray liners																		
Totals		767.8	30.2	110.7	20.8	6.7	35.5	314.5	5.3	2.8	264.0	0.4	0.1	207.1	7.2	796.2	1764.2	6.1	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LJE - 7-12 Numenu

Date : 12/ 07/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms
12236	ROTINI PASTA BAKE (WHOLE	326.8	20.2	31.7	12.8	5.0	42.2	165.1	2.4	1.9	151.1	0.2	0.1	189.9	5.4	376.1	1018.9	2.6
402	Peas	83.8	5.1	13.7	1.2	0.2		23.8	1.4	2.0	102.3	0.1	0.3	48.0	37.9	231.1	5.1	4.8
7521	Fresh Apple	64.0	0.3	16.9	0.2			7.0	0.2	0.1	13.0			4.0	5.6	131.0	1.0	2.9
@wheat	Wheat Bread (2)	68.0	2.8	12.1	0.9	0.2		36.0	0.9	1.3	40.0	0.1	0.1		0.1	47.0	133.0	0.9
863b	Margarine (2)	30.0			2.5	0.5								40.0				
8550	Snickerdoodle Cookie	130.0	1.0	21.0	5.0	1.5	5.0		0.7								105.0	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1
8961	Utensil Pack																	
807	Tray liners																	
Totals		850.0	37.5	119.0	25.0	8.9	55.7	520.5	6.1	5.6	560.2	0.8	0.6	426.6	50.9	1200.1	1407.6	12.3
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
RDA																		

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LJE - 7-12 Numenu

Date : 12/ 08/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
12002	CHEESE PIZZA DIPPERS	300.0	14.0	34.0	12.0	4.0	10.0	300.0	2.2					40.0			740.0	4.0	
1153	Marinara Dipping Sauce	78.2	3.0	8.0	3.8	0.6	0.3	18.9	0.3	1.1	5.7	0.1	0.1	141.2	4.7	13.9	604.6	0.5	
7589	Fresh Baby Carrots	20.0	0.4	4.7	0.1			18.0	0.5	0.3	16.0			391.0	1.5	134.0	44.0	1.6	
964	Ranch Dressing	50.0		1.0	5.0	1.0	5.0										120.0		
803248	Diced Pear Cup	66.2	2.0	16.0				6.0	0.3	0.2	7.2			0.3	0.8	73.2	5.7	1.6	
83068	Lemon Muffin	274.4	3.6	44.3	10.0	1.4	18.9	38.9	1.5	1.8	47.3	0.2	0.2	7.2	2.5	63.3	260.9	0.9	
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray liners																		
	Totals	936.2	31.1	131.6	33.3	8.5	42.7	670.4	5.3	3.7	330.0	0.7	0.4	724.4	11.4	699.3	1919.8	9.7	
	Percent of RDA	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
	RDA																		

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LJE - 7-12 Numenu

Date : 12/ 09/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms
101	CHARBROILED HAMBURGER	164.2	13.9	1.6	11.1	4.1	44.6	28.6	1.3	0.8	93.1					471.7	267.4	
417	Potato Wedges	98.6	1.8	13.5	4.0	0.9			0.3						3.2	322.5	17.9	1.8
7523	Fresh Orange	75.0	1.4	19.3	0.2			66.0	0.2	0.7	35.0	0.1	0.1	18.0	91.0	256.0	2.0	3.4
@hamb	Hamburger Bun	142.0	4.9	25.2	2.2	0.6		70.0	1.7	2.1	32.0	0.2	0.2			48.0	244.0	1.1
860a	Mustard	3.0	0.2	0.2	0.2			3.0	0.1		5.0				0.1	6.0	51.0	0.1
861a	Catsup (2)	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0	78.0	
4580	Goldfish Crackers	140.0	3.0	19.0	6.0	0.5		20.0	0.7								220.0	1.0
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1
8961	Utensil Pack																	
807	Tray Liners																	
Totals		777.2	33.4	104.2	26.1	7.6	53.1	477.2	4.8	4.0	420.9	0.7	0.4	165.7	97.3	1546.1	1024.9	8.5
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
RDA																		

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Customer: CCSD391206

Daily Nutrient Values

Date : 12/ 12/ 2011

Meal Type: LJE - 7-12 Numenu

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
1647	BAKED CHICKEN NUGGETS (WH	368.0	16.3	29.1	17.9	5.7	42.0	34.0	2.3	6.0				42.9		253.7	769.6	3.8	
542	Blended Fruit Juice	58.0	0.2	14.3				12.0	0.3	0.2	9.5		0.1	0.2	28.5	151.0	1.0		
808	BBQ Sauce	18.9		4.6					0.2					16.8			96.6		
861a	Catsup	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0	78.0		
7937	Soft Breadstick	80.0	3.0	15.0	1.0				0.7	1.2		0.1	0.1				115.0	0.5	
8937	Cheese on Cheese Crackers	190.0	3.0	23.0	10.0	2.5		60.0	1.1								350.0	0.5	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liners																		
Totals		869.3	30.7	111.4	31.3	9.7	50.5	395.6	5.1	7.8	265.3	0.5	0.3	207.6	31.5	846.6	1554.8	5.9	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LJE - 7-12 Numenu

Date : 12/ 13/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
129	HOMESTYLE CHILI W/BEANS	171.2	10.8	20.9	5.0	1.5	16.0	51.4	2.8	1.1	38.6	0.1	0.1	150.4	3.8	199.5	707.2	5.3	
400	Corn	80.0	2.5	17.1	1.5	0.2		3.5	0.3	1.4	58.0	0.1	0.1	20.3	5.3	176.3	2.9	1.7	
803269	Wacky Watermelon Applerag																		
83044	Corn Muffin	297.7	4.0	46.5	11.6	1.6	19.5	40.5	1.6	1.8	94.5	0.1	0.2	154.9		108.6	247.3	1.9	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liners																		
Totals		696.3	25.4	108.1	20.5	4.8	44.0	384.0	5.2	4.6	444.9	0.7	0.5	470.3	11.0	899.3	1102.0	10.0	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Customer: CCSD391206

Daily Nutrient Values

Date : 12/ 14/ 2011

Meal Type: LJE - 7-12 Numenu

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
12369	HOT DOG FRENCH FRIES	242.8	7.5	18.9	15.6	3.6	30.0	20.0	0.7	1.3			0.1		6.4	216.3	509.9		
7522	Fresh Banana	112.0	1.4	28.8	0.4	0.1		6.0	0.3	0.8	28.0	0.1		4.0	11.0	451.0	1.0	3.3	
@hot	Hot Dog Bun	127.0	4.3	22.4	2.0	0.5		63.0	1.5	1.9	28.0	0.1	0.2			43.0	217.0	1.0	
860a	Mustard	3.0	0.2	0.2	0.2			3.0	0.1		5.0				0.1	6.0	51.0	0.1	
861A	Catsup (2)	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0	78.0		
6988	Vanilla Cookie	160.0	1.0	25.0	6.0	1.5			0.7								135.0		
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liners																		
Totals		799.2	22.6	120.7	26.6	7.2	38.5	381.6	3.8	4.4	316.8	0.6	0.4	151.7	20.5	1158.2	1136.5	5.5	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Customer: CCSD391206

Daily Nutrient Values

Date : 12/ 15/ 2011

Meal Type: LJE - 7-12 Numenu

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
13029	CRISPY CHICKEN FILLET (W	214.0	14.5	11.0	12.5	2.5	42.0	34.0	2.0	6.0				42.9			389.0	2.0	
457	Mashed Sweet Potatoes	165.4	1.2	43.1				0.3	0.4	0.9	26.4			2366.0	7.1	201.2	44.5		
7524	Fresh Pear	96.0	0.6	25.7	0.2			15.0	0.3	0.3	18.0			2.0	7.0	198.0	2.0	5.1	
865	Mayonnaise	70.0			7.0	1.0	5.0										45.0		
@hamb	Hamburger Bun	142.0	4.9	25.2	2.2	0.6		70.0	1.7	2.1	32.0	0.2	0.2			48.0	244.0	1.1	
8220a	Oatmeal Cookie	130.0	1.0	21.0	5.0	1.5			0.7								85.0	1.0	
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray liners																		
Totals		964.8	30.3	149.6	29.3	7.1	55.5	407.9	5.6	9.6	330.2	0.6	0.3	2555.6	16.0	862.1	954.1	10.3	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Customer: CCSD391206

Daily Nutrient Values

Meal Type: LJE - 7-12 Numenu

Date : 12/ 16/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
17064	FRENCH BREAD PEPPERONI P	394.5	23.1	47.9	12.9	5.5	26.1	382.1	3.3	3.5	185.7	0.4	0.5	171.6	3.2	33.7	788.4	3.4	
7625	Mixed Greens Salad	6.0	0.4	1.2	0.1			8.0	0.3	0.2	12.0			87.0	8.3	73.0	6.0	0.4	
964	Ranch Dressing	50.0		1.0	5.0	1.0	5.0										120.0		
803250	Pineapple Cup	67.7	2.2	16.2	0.1			14.5	0.3	0.2	4.8		0.1	3.5	9.6	103.0	1.6	0.8	
4569	PopCorners	140.0	2.0	23.0	3.5				1.1	1.2		0.1	0.2	20.0			310.0	0.8	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liners																		
5554A	Salad Bowl																		
Totals		805.6	35.8	112.9	24.0	8.0	39.6	693.2	5.5	5.4	456.3	0.9	0.9	426.8	23.0	624.6	1370.6	6.5	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LJE - 7-12 Numenu

Date : 12/ 19/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms
1677	MINI CORN DOGS W/POTATO F	435.4	8.8	53.3	17.5	6.7	35.2	80.4	2.1							253.7	1375.5	2.8
539	Grape Juice	67.0	0.3	16.8				10.7	0.5	0.2	11.0		0.5	0.4	20.4	85.5	0.7	
861a	Catsup (2)	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0	78.0	
860a	Mustard	3.0	0.2	0.2	0.2			3.0	0.1		5.0				0.1	6.0	51.0	0.1
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1
8961	Utensil Pack																	
807	Tray liners																	
Totals		659.8	17.5	95.7	20.1	8.2	43.7	383.7	3.2	0.6	271.8	0.4	0.6	148.1	23.5	787.1	1649.8	4.0
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
RDA																		

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Daily Nutrient Values

Preferred Meal Systems

Customer: CCSD391206

Meal Type: LJE - 7-12 Numenu

Date : 12/ 20/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
12378	GRILLED CHICKEN MARINARA	272.9	19.6	28.1	9.2	2.5	34.3	189.1	1.9	0.9	92.9	0.1	0.1	159.5	4.8	287.6	461.3	2.8	
403	Green Beans	37.8	1.4	5.9	1.0	0.2		33.2	0.7	0.4	25.0	0.1	0.1	33.2	10.1	145.6	2.7	2.0	
803246	Peach Cup	61.7	2.2	15.0				3.9	0.4	0.6	11.0			18.2	2.5	102.4	5.6	1.3	
8509c	Holiday Sparkle Cookie	110.0	2.0	17.0	3.5	1.5	5.0										90.0		
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liners																		
Totals		629.8	33.3	89.6	16.1	5.7	47.8	514.8	3.5	2.2	382.7	0.6	0.3	355.6	19.3	950.5	704.2	7.2	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Customer: CCSD391206

Daily Nutrient Values

Meal Type: LNE - K-6 Numenu

Date : 12/ 01/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
12369	HOT DOG FRENCH FRIES	242.8	7.5	18.9	15.6	3.6	30.0	20.0	0.7	1.3			0.1		6.4	216.3	509.9		
7524	Fresh Pear^	96.0	0.6	25.7	0.2			15.0	0.3	0.3	18.0			2.0	7.0	198.0	2.0	5.1	
@HOT	Hot Dog Bun	127.0	4.3	22.4	2.0	0.5		63.0	1.5	1.9	28.0	0.1	0.2			43.0	217.0	1.0	
861A	Catsup (2)	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0	78.0		
860A	Mustard	3.0	0.2	0.2	0.2			3.0	0.1		5.0				0.1	6.0	51.0	0.1	
4581	Cheddar Goldfish Crackers	140.0	4.0	20.0	5.0	1.0	5.0	40.0	0.7								250.0	1.0	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray liners																		
Totals		763.2	24.8	112.6	25.4	6.6	43.5	430.6	3.8	3.9	306.8	0.5	0.4	149.7	16.5	905.2	1252.5	8.3	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LNE - K-6 Numenu

Date : 12/ 02/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
17069	WHOLE WHEAT CHEESE PIZZA	352.9	20.1	42.5	12.4	4.9	23.0	348.7	2.2	0.5	222.8	0.2	0.1	183.0	3.2	40.4	637.3	3.7	
7625	Mixed Greens Salad	6.0	0.4	1.2	0.1			8.0	0.3	0.2	12.0			87.0	8.3	73.0	6.0	0.4	
964	Ranch Dressing	50.0		1.0	5.0	1.0	5.0										120.0		
803233	Peach Cup	46.3	1.7	11.3				2.9	0.3	0.4	8.2			13.7	1.9	76.9	4.2	1.0	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liners																		
5554A	Salad Bowl																		
Totals		602.6	30.3	79.6	19.9	7.4	36.5	648.2	3.3	1.4	496.8	0.6	0.2	428.4	15.3	605.2	912.1	6.2	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LNE - K-6 Numenu

Date : 12/05/2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
171	TACO MEAT	210.3	15.4	10.6	11.5	4.1	45.2	46.5	2.0	1.4	96.2	0.1	0.1	241.5	2.8	484.5	618.4	0.7	
317	Refried Beans	67.7	4.5	12.0	1.5	0.4		30.1	1.4								368.3	3.0	
539	Grape Juice	67.0	0.3	16.8				10.7	0.5	0.2	11.0		0.5	0.4	20.4	85.5	0.7		
874	Taco Sauce	5.0		1.0										20.0			55.0		
8267	Tortilla Rounds (Whole Gr	140.0	2.0	18.0	8.0	1.0		20.0	0.4	0.4	40.0						110.0	1.0	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray liners																		
Totals		637.4	30.3	82.0	23.4	7.0	53.7	395.9	4.8	2.3	401.0	0.5	0.7	406.6	25.1	984.9	1297.0	5.8	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LNE - K-6 Numenu

Date : 12/ 06/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
1672	POPCORN CHICKEN W/POTAT	370.0	15.8	31.1	17.4	5.2	27.0	17.0	2.3	2.0				34.8		253.7	720.6	1.8	
803236	Mixed Fruit Cup	48.4	1.6	11.7				5.9	0.2	0.3	6.2			5.9	3.1	75.5	3.3	0.9	
808	BBQ Sauce	18.9		4.6					0.2					16.8			96.6		
861a	Catsup	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0	78.0		
8720	Honey Wheat Pretzels	160.0	4.0	34.0	1.0				2.0								720.0	2.0	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray liners																		
Totals		751.7	29.6	106.8	20.8	6.7	35.5	312.5	5.2	2.7	262.0	0.4	0.1	205.2	6.1	771.1	1763.1	5.8	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LNE - K-6 Numenu

Date : 12/ 07/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
12236	ROTINI PASTA BAKE (WHOLE	326.8	20.2	31.7	12.8	5.0	42.2	165.1	2.4	1.9	151.1	0.2	0.1	189.9	5.4	376.1	1018.9	2.6	
302	Green Garden Peas	64.8	3.9	10.3	1.1	0.2		17.9	1.0	1.5	76.9	0.1	0.2	39.1	28.5	173.7	3.9	3.6	
7521	Fresh Apple	64.0	0.3	16.9	0.2			7.0	0.2	0.1	13.0			4.0	5.6	131.0	1.0	2.9	
7937	Soft Breadstick	80.0	3.0	15.0	1.0				0.7	1.2		0.1	0.1				115.0	0.5	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray liners																		
Totals		683.0	35.5	97.5	17.5	6.7	50.7	478.6	4.8	5.0	494.8	0.8	0.5	377.7	41.4	1095.7	1283.4	10.7	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LNE - K-6 Numenu

Date : 12/ 08/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
12002	CHEESE PIZZA DIPPERS	300.0	14.0	34.0	12.0	4.0	10.0	300.0	2.2					40.0			740.0	4.0	
1153	Marinara Dipping Sauce	78.2	3.0	8.0	3.8	0.6	0.3	18.9	0.3	1.1	5.7	0.1	0.1	141.2	4.7	13.9	604.6	0.5	
7589	Fresh Baby Carrots	20.0	0.4	4.7	0.1			18.0	0.5	0.3	16.0			391.0	1.5	134.0	44.0	1.6	
964	Ranch Dressing	50.0		1.0	5.0	1.0	5.0										120.0		
803234	Pear Cup	49.7	1.5	12.0				4.5	0.2	0.1	5.4			0.2	0.6	54.9	4.3	1.2	
6987	Lemon Cookie	160.0	1.0	25.0	6.0	1.5			0.7								120.0		
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray liners																		
Totals		805.3	28.0	108.3	29.3	8.6	23.8	630.0	4.4	1.8	280.9	0.5	0.2	717.1	8.7	617.7	1777.5	8.4	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LNE - K-6 Numenu

Date : 12/ 09/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms
101	CHARBROILED HAMBURGER	164.2	13.9	1.6	11.1	4.1	44.6	28.6	1.3	0.8	93.1					471.7	267.4	
319	Potato Wedges	74.1	1.3	10.1	3.0	0.7			0.2						2.4	242.1	13.5	1.3
7523	Fresh Orange	75.0	1.4	19.3	0.2			66.0	0.2	0.7	35.0	0.1	0.1	18.0	91.0	256.0	2.0	3.4
@hamb	Hamburger Bun	142.0	4.9	25.2	2.2	0.6		70.0	1.7	2.1	32.0	0.2	0.2			48.0	244.0	1.1
860a	Mustard	3.0	0.2	0.2	0.2			3.0	0.1		5.0				0.1	6.0	51.0	0.1
861a	Catsup (2)	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0	78.0	
4580	Goldfish Crackers	140.0	3.0	19.0	6.0	0.5		20.0	0.7								220.0	1.0
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1
8961	Utensil Pack																	
807	Tray Liners																	
Totals		752.7	32.9	100.8	25.1	7.4	53.1	477.2	4.7	4.0	420.9	0.7	0.4	165.7	96.5	1465.7	1020.5	8.0
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
RDA																		

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LNE - K-6 Numenu

Date : 12/ 12/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
1647	BAKED CHICKEN NUGGETS (WH	368.0	16.3	29.1	17.9	5.7	42.0	34.0	2.3	6.0				42.9		253.7	769.6	3.8	
542	Blended Fruit Juice	58.0	0.2	14.3				12.0	0.3	0.2	9.5		0.1	0.2	28.5	151.0	1.0		
808	BBQ Sauce	18.9		4.6					0.2					16.8			96.6		
861a	Catsup	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0	78.0		
8937	Cheese on Cheese Crackers	190.0	3.0	23.0	10.0	2.5		60.0	1.1								350.0	0.5	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liners																		
Totals		789.3	27.7	96.4	30.3	9.7	50.5	395.6	4.4	6.6	265.3	0.4	0.2	207.6	31.5	846.6	1439.8	5.4	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LNE - K-6 Numenu

Date : 12/ 13/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
129	HOMESTYLE CHILI W/BEANS	171.2	10.8	20.9	5.0	1.5	16.0	51.4	2.8	1.1	38.6	0.1	0.1	150.4	3.8	199.5	707.2	5.3	
301	Buttered Corn	61.8	1.9	12.9	1.3	0.2		2.7	0.3	1.1	43.5		0.1	18.2	4.0	132.2	2.2	1.3	
803262	Wacky Watermelon Applerag	58.8	1.0	14.5	0.1			141.4	0.2	0.1	163.9			1.1	43.4	74.9	2.3	1.1	
8267	Tortilla Rounds (Whole Gr	140.0	2.0	18.0	8.0	1.0		20.0	0.4	0.4	40.0						110.0	1.0	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liners																		
Totals		579.2	23.8	89.9	16.8	4.2	24.5	504.1	4.2	3.0	539.8	0.5	0.3	314.4	53.1	821.5	966.3	9.8	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LNE - K-6 Numenu

Date : 12/ 14/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
12369	HOT DOG FRENCH FRIES	242.8	7.5	18.9	15.6	3.6	30.0	20.0	0.7	1.3			0.1		6.4	216.3	509.9		
7522	Fresh Banana	112.0	1.4	28.8	0.4	0.1		6.0	0.3	0.8	28.0	0.1		4.0	11.0	451.0	1.0	3.3	
@hot	Hot Dog Bun	127.0	4.3	22.4	2.0	0.5		63.0	1.5	1.9	28.0	0.1	0.2			43.0	217.0	1.0	
860a	Mustard	3.0	0.2	0.2	0.2			3.0	0.1		5.0				0.1	6.0	51.0	0.1	
861A	Catsup (2)	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0	78.0		
6988	Vanilla Cookie	160.0	1.0	25.0	6.0	1.5			0.7								135.0		
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liners																		
Totals		799.2	22.6	120.7	26.6	7.2	38.5	381.6	3.8	4.4	316.8	0.6	0.4	151.7	20.5	1158.2	1136.5	5.5	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LNE - K-6 Numenu

Date : 12/ 15/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms
13029	CRISPY CHICKEN FILLET (W	214.0	14.5	11.0	12.5	2.5	42.0	34.0	2.0	6.0				42.9			389.0	2.0
366	Mashed Sweet Potatoes	111.8	0.7	27.2	0.8	0.1		0.2	0.3	0.6	16.7			1507.9	4.5	127.2	28.1	
7524	Fresh Pear	96.0	0.6	25.7	0.2			15.0	0.3	0.3	18.0			2.0	7.0	198.0	2.0	5.1
865	Mayonnaise	70.0			7.0	1.0	5.0										45.0	
@hamb	Hamburger Bun	142.0	4.9	25.2	2.2	0.6		70.0	1.7	2.1	32.0	0.2	0.2			48.0	244.0	1.1
@milk	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1
8961	Utensil Pack																	
807	Tray liners																	
Totals		781.2	28.8	112.7	25.1	5.7	55.5	407.8	4.8	9.3	320.5	0.6	0.3	1697.5	13.4	788.1	852.7	9.3
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		
RDA																		

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LNE - K-6 Numenu

Date : 12/ 16/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
17064	FRENCH BREAD PEPPERONI P	394.5	23.1	47.9	12.9	5.5	26.1	382.1	3.3	3.5	185.7	0.4	0.5	171.6	3.2	33.7	788.4	3.4	
7625	Mixed Greens Salad	6.0	0.4	1.2	0.1			8.0	0.3	0.2	12.0			87.0	8.3	73.0	6.0	0.4	
964	Ranch Dressing	50.0		1.0	5.0	1.0	5.0										120.0		
803235	Pineapple Cup	50.8	1.7	12.1				10.9	0.2	0.2	3.6		0.1	2.6	7.2	77.3	1.2	0.6	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liners																		
5554A	Salad Bowl																		
Totals		648.7	33.3	85.8	20.4	8.0	39.6	689.6	4.3	4.2	455.1	0.8	0.7	405.9	20.6	598.9	1060.2	5.5	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LNE - K-6 Numenu

Date : 12/ 19/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
1677	MINI CORN DOGS W/POTATO F	435.4	8.8	53.3	17.5	6.7	35.2	80.4	2.1							253.7	1375.5	2.8	
539	Grape Juice	67.0	0.3	16.8				10.7	0.5	0.2	11.0		0.5	0.4	20.4	85.5	0.7		
861a	Catsup (2)	7.0	0.1	1.8				1.0		0.1	2.0			3.0	1.1	27.0	78.0		
860a	Mustard	3.0	0.2	0.2	0.2			3.0	0.1		5.0				0.1	6.0	51.0	0.1	
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray liners																		
Totals		659.8	17.5	95.7	20.1	8.2	43.7	383.7	3.2	0.6	271.8	0.4	0.6	148.1	23.5	787.1	1649.8	4.0	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

Please note: Due to occasional manufacturer substitutions, nutrient information may vary slightly from values listed

Preferred Meal Systems

Daily Nutrient Values

Customer: CCSD391206

Meal Type: LNE - K-6 Numenu

Date : 12/ 20/ 2011

Item	Item Description	Cal	Protein gms	Carb gms	Tot Fat gms	Sat Fat gms	Chol mg	Calc mg	Iron mg	Niacin mg	Phosp mg	Ribof mg	Thiamin mg	Vitamin A R.E	Vitamin C mg	Potassi mg	Sodium mg	Fiber gms	
12378	GRILLED CHICKEN MARINARA	272.9	19.6	28.1	9.2	2.5	34.3	189.1	1.9	0.9	92.9	0.1	0.1	159.5	4.8	287.6	461.3	2.8	
303	Cut Green Beans	30.1	1.1	4.4	1.0	0.1		24.9	0.5	0.3	18.8	0.1	0.1	27.9	7.6	109.2	2.1	1.5	
803233	Peach Cup	46.3	1.7	11.3				2.9	0.3	0.4	8.2			13.7	1.9	76.9	4.2	1.0	
8509c	Holiday Sparkle Cookie	110.0	2.0	17.0	3.5	1.5	5.0										90.0		
@MILK	Milk	147.4	8.1	23.6	2.4	1.5	8.5	288.6	0.5	0.3	253.8	0.4	0.1	144.7	1.9	414.9	144.6	1.1	
8961	Utensil Pack																		
807	Tray Liners																		
Totals		606.7	32.5	84.4	16.1	5.6	47.8	505.5	3.2	1.9	373.7	0.6	0.3	345.8	16.2	888.6	702.2	6.4	
Percent of RDA		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			
RDA																			

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